

MARIN HEALTHCARE DISTRICT

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Board of Directors Special Study Session of the Full Board and Lease and Building Committee Wednesday, January 30, 2019 @ 5:30 pm

MINUTES

1. Call to Order

Chair Hank Simmonds called the meeting to order at 5:30 p.m.

2. Roll Call / Approval of Agenda / Approval of Minutes

Committee Members Present: Harris Simmonds, MD, Chair

Board Members Present: Ann Sparkman; Larry Bedard, MD; Jennifer Rienks; Brian Su, MD

Staff Members Present: Jon Friedenber, COO; Louis Weiner, Executive Assistant

Guest Present: Jei Africa, PsyD

It was moved, seconded and carried to approve the agenda as presented.

It was moved, seconded and carried to approve the minutes of the Lease and Building Committee meeting of November 28, 2018.

3. Public Comment

There was no public present and thus no public comment.

4. MHD Community Health Seminar, Next Event Planning

Chair Simmonds announced that the next seminar will be on the subject of Mental Health: Suicide, and suggested that this be the first in a series covering the area of Mental Health.

He welcomed Dr. Jei Africa, Director of Marin County Behavioral Health and Recovery Services, who will be presenter at the next seminar. The seminar will be an overview of suicide prevention and support resources. He will ask other presenters to assist, and possibly include an effected family member. The date of the seminar will be TBA in March, and Mr. Weiner will research and poll/confirm with Dr. Africa and this Committee.

Discussion ensued on the crisis of physician stress and suicide, and it was agreed that this would be well served with a separate such event for physicians. Dr. Su agreed to look into and spearhead a CME (Continuing Medical Education) event for physicians.

Dr. Bedard suggested "Health Effects of Climate Change" as a topic for a future seminar.

5. Adjournment

Chair Simmonds adjourned the meeting at 6:10 p.m.